

Parental controls guide

Windows 7



Parental Controls information

Type of guide

Smartphone and other devices

Features and Benefits

The Windows 7 Parental controls is a valuable tool for restricting the content a child can have access too on the computer. You can restrict time, games, and programs.

What specific content can I restrict?



Inappropriate content



Online games



Timer

What do I need?

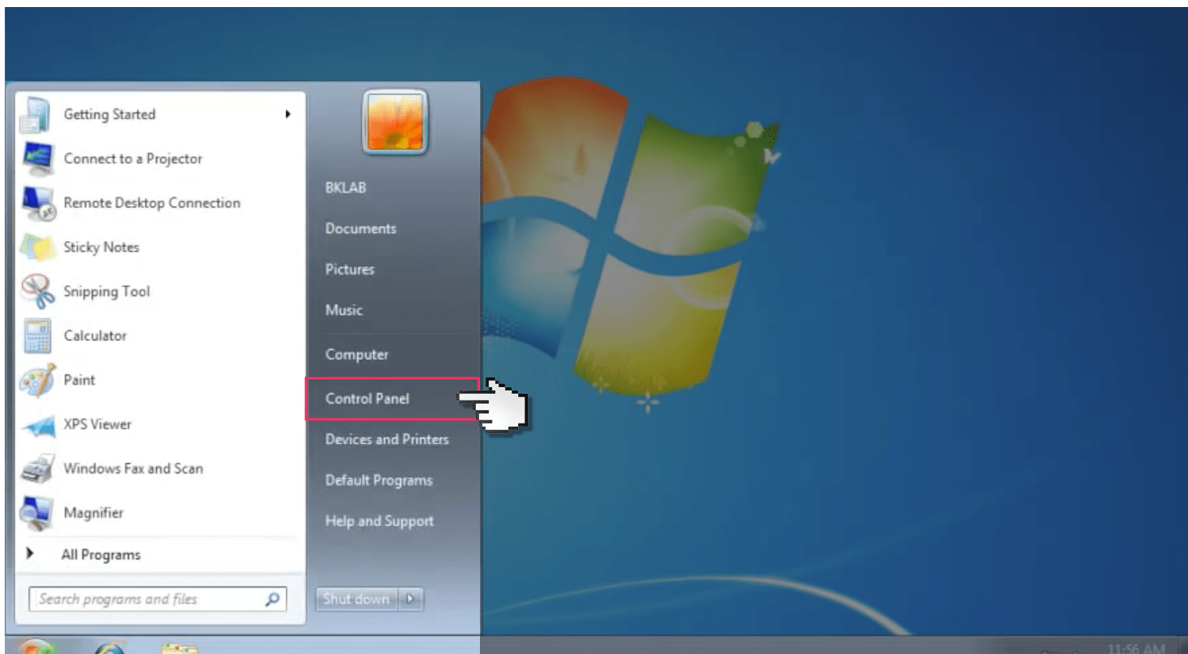
A new account for the child and Password

Windows 7

Step by step guide

1

From the desktop, click windows menu and click on control panel.



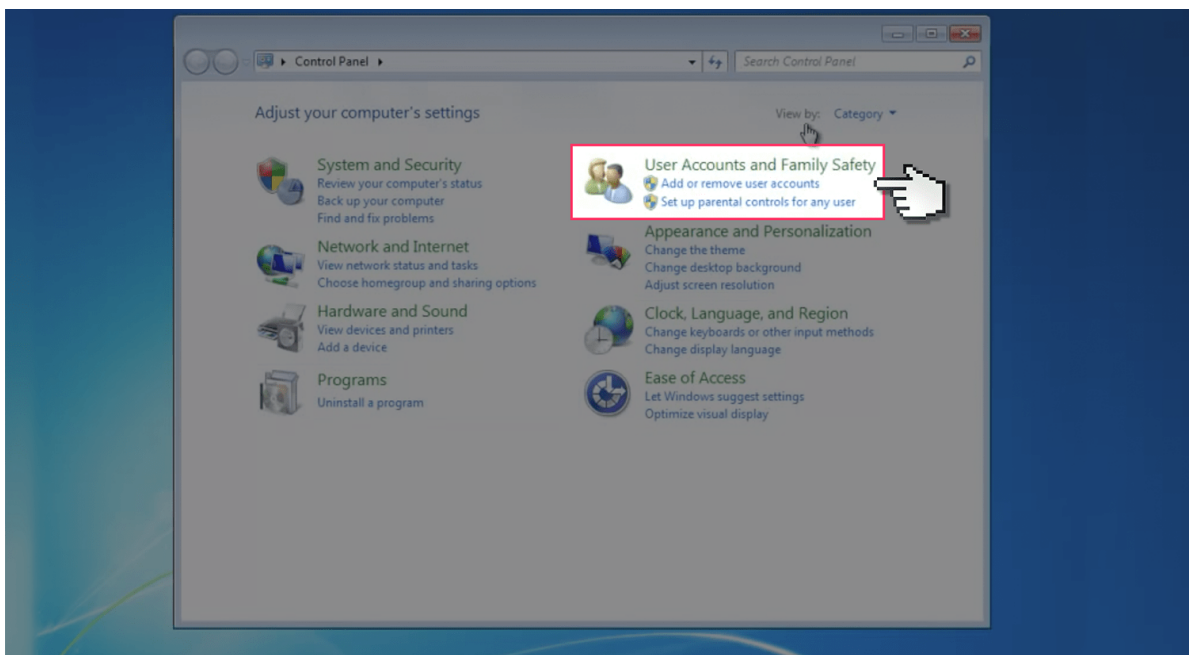
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Step by step guide

2

Click on 'User Accounts and Family Safety'.

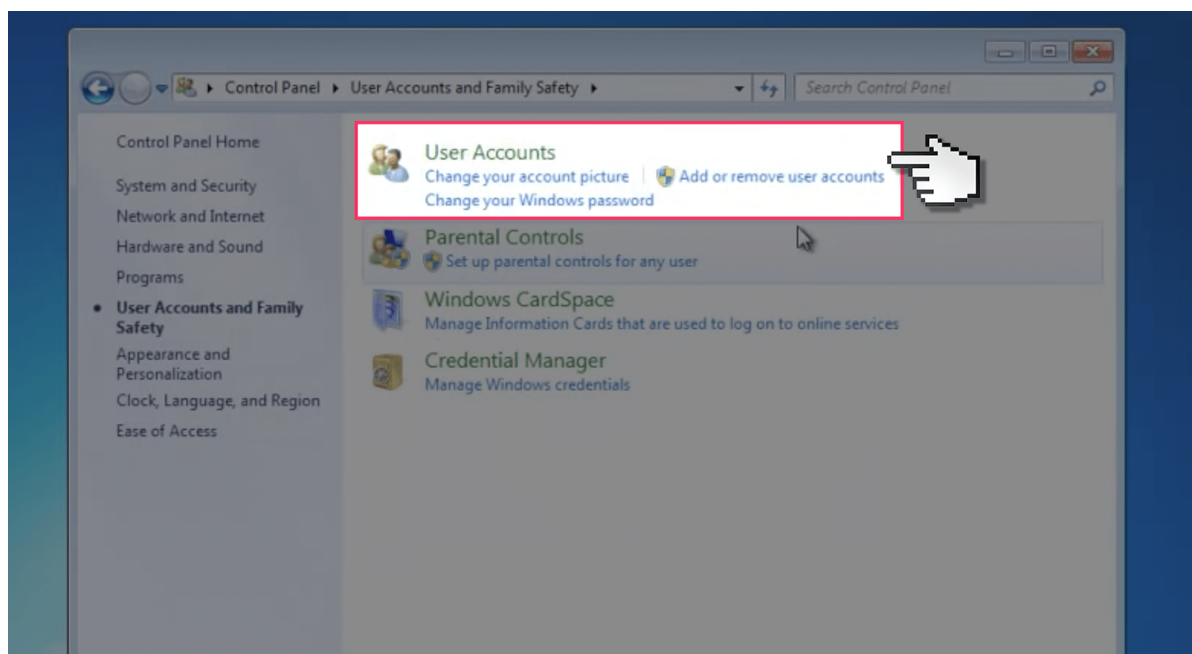


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Step by step guide

3

If you don't have a separate User Account for your child, select 'User Accounts' to create a new account for your child. You will need to add a password to the account.

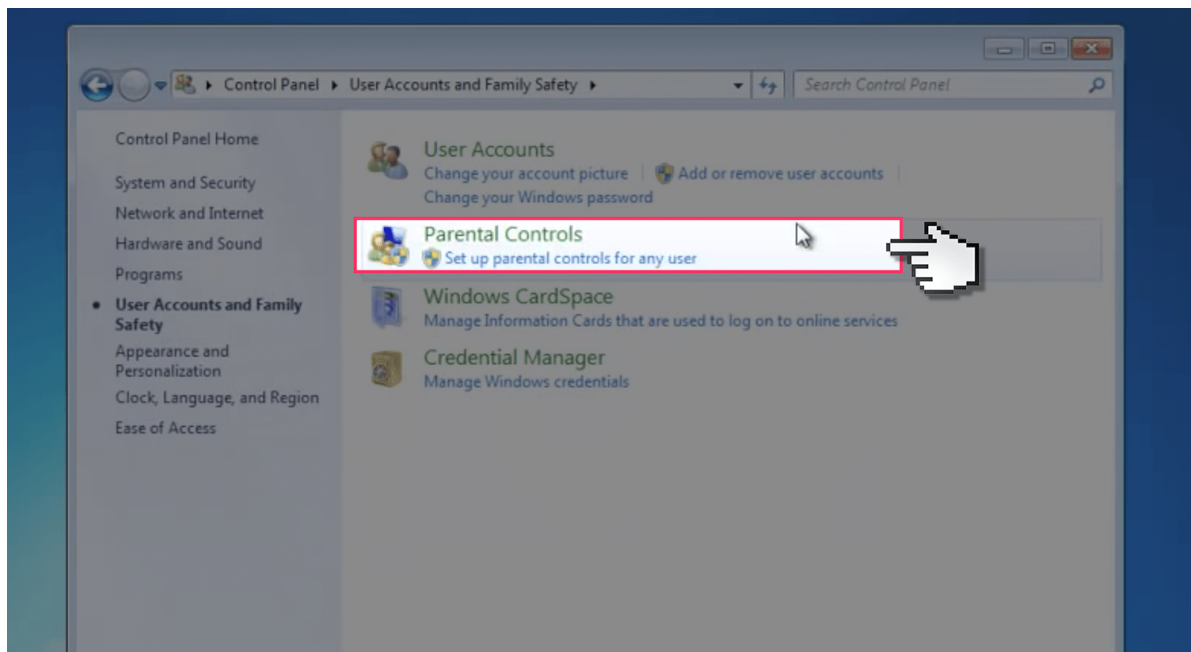


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Step by step guide

4

Then go back to 'User Accounts and Family Safety' and select 'Parental Controls'

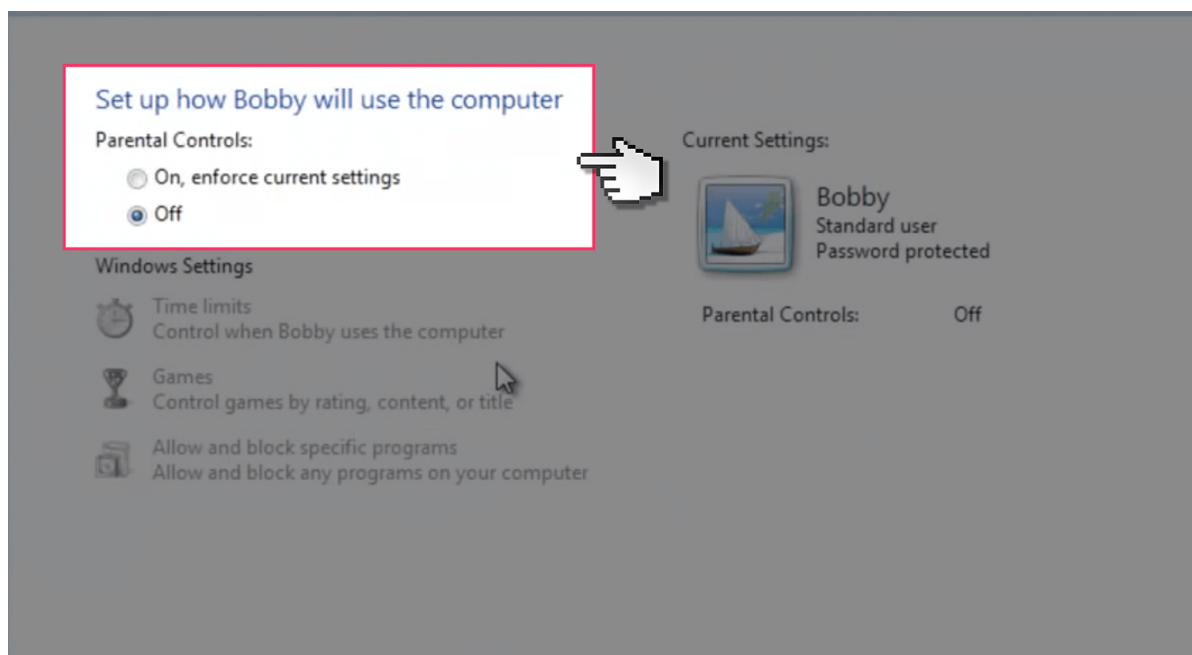


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5

Turn parental controls 'on'.



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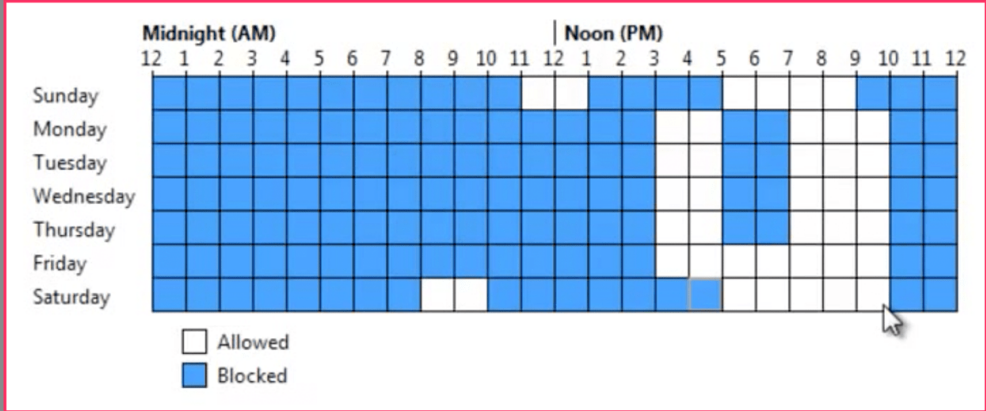
Step by step guide

6

Select the 'Time Limits' options and select the squares to turn them blue. This restricts when the child can use the computer at these times.

Control when Bobby will use the computer

Click and drag the hours you want to block or allow.



	Midnight (AM)												Noon (PM)												
	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12
Sunday	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Allowed	Allowed	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked
Monday	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked
Tuesday	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked
Wednesday	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked
Thursday	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked
Friday	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked
Saturday	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked	Blocked

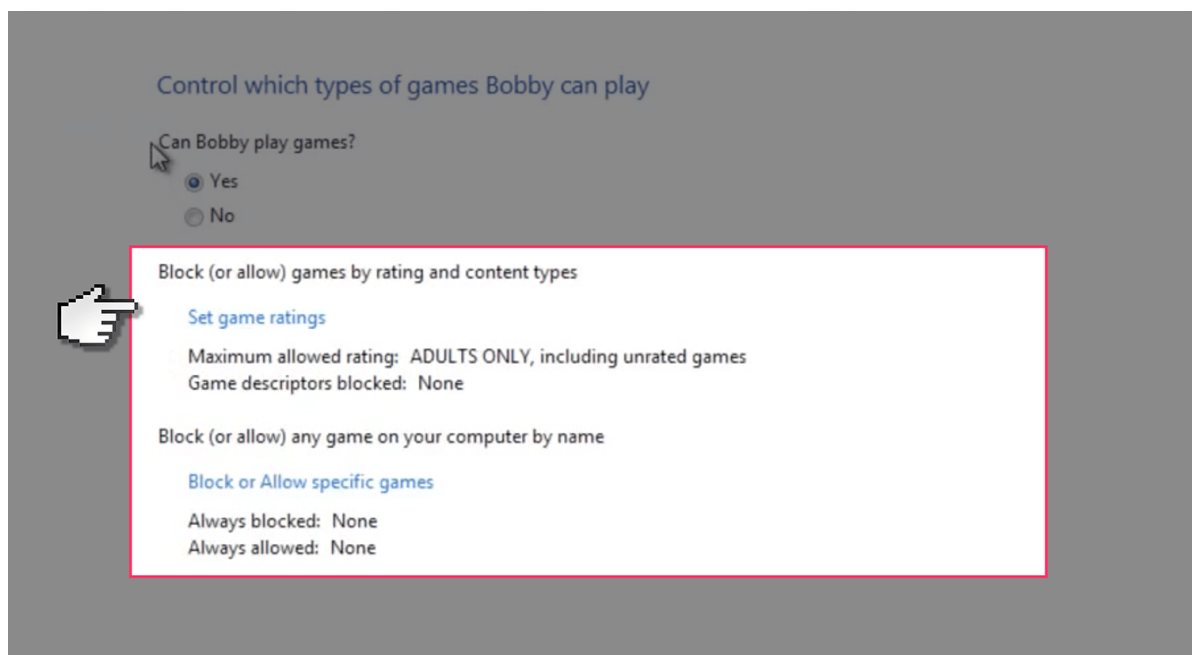
☐ Allowed
☒ Blocked

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Step by step guide

7

Then select 'Games' to restrict which games can be played.

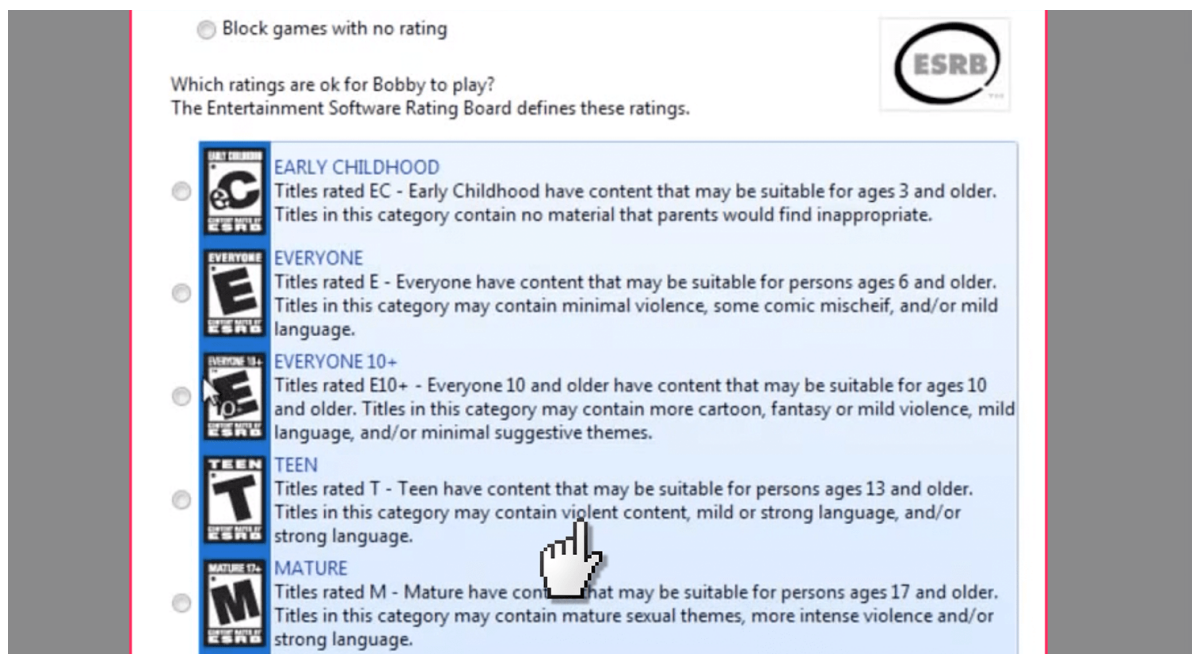


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Choose 'Set game ratings' and choose which age ratings are restricted and which are free to play.

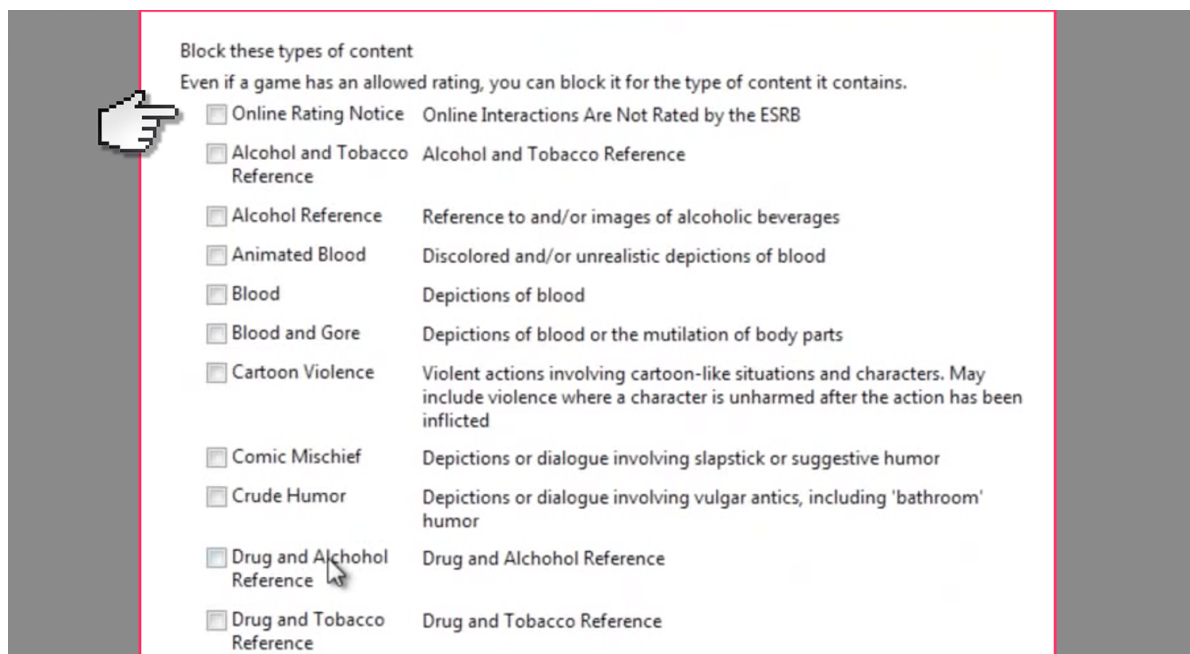


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Scroll down and select different types of content you want to block.



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Next, select the 'Allow and block specific programs' options and tick which programs the child is restricted too.

